



Regional SS1000
June 11-12, 2005

St. Louis, Missouri

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Site Coordinator



Mile	Instruction	For
0.0	Depart Quick Trip Fuel on S 5th St (North)	0.4 mi
0.4	Take Ramp (LEFT) onto I-70	227.3 mi
186.9	Refuel before here (last refuel was 186.9 miles ago)	
227.7	Take US-71 (RIGHT) onto I-35 [US-71]	4.6 mi
232.3	Keep LEFT onto I-29 [US-71]	12.0 mi
244.3	At exit 12, turn RIGHT onto Ramp	0.2 mi
244.5	Turn RIGHT (East) onto NW 112th St	174 yds
244.6	Keep STRAIGHT to stay on NW 112th St	21 yds
244.6	At BP Amoco [8787 NW 112th St, Kansas City, MO 64153, (816) 891-0930], return West on NW 112th St	0.1 mi
244.7	Take Ramp (RIGHT) onto I-29 [US-71]	1.9 mi
246.7	Merge onto I-435 [I-29]	2.7 mi
249.4	Road name changes to I-29 [US-71]	155.9 mi
<i>356.9</i>	<i>Entering Iowa</i>	
367.0	Refuel before here (last refuel was 180.2 miles ago)	
405.3	At exit 48, take Ramp (RIGHT) onto I-80	1.1 mi
406.4	At exit 5, turn RIGHT onto Ramp	0.2 mi
406.6	Turn LEFT (West) onto Madison Ave	0.2 mi
406.8	At Amoco Howells [1759 Madison Ave, Council Bluffs, IA 51503, Tel: (712) 322-8855], return South-East on Madison Ave	0.2 mi
407.1	Take Ramp (LEFT) onto I-80	117.5 mi
524.6	At exit 123A, road name changes to I-235	14.0 mi
538.6	At exit I-80, take Ramp (RIGHT) onto I-80	157.4 mi
553.5	Refuel before here (last refuel was 186.5 miles ago)	
696.1	At exit 295, take Ramp (RIGHT) onto US-61 [N Brady St]	1.0 mi
697.0	At Bradys I-80 Shell, stay on US-61 [N Brady St] (South)	0.3 mi
697.3	Turn LEFT (East) onto Frontage Rd, then immediately turn LEFT (North) onto US-61 [N Brady St]	1.0 mi
698.3	Take Ramp (RIGHT) onto I-80	21.5 mi
<i>709.6</i>	<i>Entering Illinois</i>	
719.8	Road name changes to I-74 [I-80]	72.8 mi
741.1	Refuel before here (last refuel was 187.5 miles ago)	
792.6	At exit 87, take Ramp (RIGHT) onto I-474	14.3 mi
806.9	At exit 15, take Ramp (RIGHT) onto I-74	28.0 mi
834.9	At exit 127, take Ramp (RIGHT) onto I-55 [I-74]	3.8 mi
838.6	At exit US-150, turn off onto Ramp	0.2 mi
838.9	Keep STRAIGHT onto US-150 [SR-9]	0.2 mi

839.1	At Rainger Enterprises [2302 W Market St, Bloomington, IL 61704, Tel: (309) 827-6755], return West on US-150 [SR-9]	0.3 mi
839.4	Take Ramp (LEFT) onto I-55 [I-74]	67.4 mi
906.8	At exit 92, take Ramp onto I-55	72.9 mi
926.8	Refuel before here (last refuel was 185.7 miles ago)	
979.8	Take Ramp (RIGHT) onto I-270	29.2 mi
<i>994.5</i>	<i>Entering Missouri</i>	
1008.9	Turn RIGHT onto Ramp	0.7 mi
1009.6	Take Ramp (RIGHT) onto I-70	3.4 mi
1013.0	At exit 229A, turn RIGHT onto Ramp	0.2 mi
1013.2	Bear RIGHT (South) onto S 5th St	0.3 mi
1013.6	Arrive Quick Trip Fuel	